



Winston Churchill

The twice-over Prime Minister of the United Kingdom who achieved victory during World War II was diagnosed with bipolar disorder in middle age. Winston Churchill often referred openly to his depression, calling it his “black dog.” He was known for making the best of his situation and often capitalized on episodes of sleeplessness by directing his energy into his work. He published 43 books during his time as prime minister. He went on to win the Nobel Prize in Literature in 1953.