

## STOP TRYING TO QUIT & START LIVING SMOKE-FREE

- Quit smoking in as little as two-three treatments.
- Cravings are removed by stimulating nerve signals.
- If patches, gum, inhalers, herbal therapies, medications, or hypnosis haven't worked for you, this will!

### LOW LEVEL LASERTHERAPY(LLLT)

- LLLT is a highly effective technique that uses light energy to stimulate accupoints on the ear and body eliminating the urge to smoke.
- It is a non-medical procedure respected by many physicians as a highly effective treatment.
- The treatment is safe, painless, relaxing & effective.

Call to see if you qualify:  
905-631-9650

**IF YOU WANT TO KEEP SMOKING  
THAT'S YOUR BUSINESS.**

**IF YOU WANT TO QUIT IT'S OURS!**

## Our three step approach for an addiction free life

We believe in holistic care approach and know the importance of medication and behavioural modification approaches with laser therapy to quit smoking.

- **Medication Support:** We also provide a natural medication supplement that will reduce the craving and withdrawal symptoms of nicotine and alcohol addiction and a balanced nutritional support to keep the body healthy.
- **Behaviour Modification Approach:** Behavioural modification deals with changing the habit patterns that cue or trigger your patient to smoke or use alcohol throughout their normal activities of daily living.

### **Our Services:**

- Quit Smoking
- Stop Alcohol Abuse
- Weight Reduction

**For free Consultation call**

**905-631-9650**

720 Guelph Line, Unit 301,  
Burlington, Ontario,  
Canada L7R 4E2



# QUIT SMOKING

## With cold laser

## Medications

## &

## Behavioral approaches

# MoodClinic.ca

Depression, Mood Disorders and  
Schizophrenia Treatment , Research Centre  
and Laser Therapies

# START LIVING SMOKE - FREE

Our unique laser therapy program will reduce or eliminate the physical withdrawal symptoms and cravings associated with nicotine addiction.

Low level laser therapy effectively controls cravings by stimulating the nerve endings to produce endorphins (Nature's mood lifter and pain reliever). When used on particular points on the ears, face, and hands, laser therapy balances endorphin levels and leaves you feeling wonderfully relaxed.

**WHAT ARE YOU WAITING FOR?**

**GO AHEAD... BE A QUITTER!**

**Quitters succeed with laser therapy**

**! WARNING !**

**OUR PROGRAMS WILL:**

- Prevent cosmetic deterioration like hair loss, receding gums and wrinkles
- Decrease your chances of getting cancer
- Make you smell better and become more approachable
- Keep cigarettes from controlling your daily activities
- Feel Better, look healthier and save \$\$\$



## Did You Know?

- After only 2 weeks nicotine will have passed from your body
- Improved circulation will increase lung functioning up to 30%
- Your risk of heart and stroke disease becomes about the same as a non-smokers within 5 to 15 years after quitting.

What have you got to lose?

**Get to a healthy weight with the help of cold laser therapy**

- Nourish your cells for more effective weight loss.
- No more starving! Feel full, not fat.
- Products that are inspired by nature, perfected by advanced technology.
- Use our effective program & products to lose the weight and feel your best.

**Stimulates metabolism ✓**  
**✓ Increases energy**  
**Reduces appetite ✓**

Schedule your free private weight consultation today!

**Call: 905-631-9650 or visit [www.moodclinic.ca](http://www.moodclinic.ca)**

**LOSE WEIGHT FOR THE LAST TIME!**

Note: Before embarking on any weight control or stop smoking program, contact your physician.